

July 30, 2019

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Message from the President!

A Message from the
PRESIDENT

I hope you are all having a wonderful summer! For New Mexico's PTA leaders I'm sure you are looking forward with anticipation and maybe even some nervousness to the upcoming school year and your new PTA responsibilities.

Summer is an exciting time for leadership as we all reflect on how we can make "that" difference in our school community. Your New Mexico PTA Board of Directors wants you to know you are not alone! In the coming weeks you will be receiving a lot of information from us. Our goal is that what we send via email, e-newsletter, or mail will assist in making the transition to the new school year easier.

If you need support please reach out to us! Send an email (nmpta@newmexicopta.org), give us a phone call (505-881-0712), and yes we'll even respond to your fax (505-884-0793).

I hope that the remainder of your summer is full of sun and lots of fun. I speak for us all at New Mexico PTA when I say we can't wait to see what the next year brings!

MaryBeth Weeks

President 2019-2021

New Mexico Parent Teacher Association (NMPTA)

It's Time to Register for Reflections!



Did you know that the arts improve academic performance? Students engaged in arts learning have higher GPAs, standardized test scores, and college-going rates as well as lower drop-out rates. Join over 5,000 PTAs across the nation in bringing arts education to life. [Learn more and register today!](#)

Just Launched: Six New Grant Opportunities! Apply Today!

New **GRANTS AVAILABLE!**

\$1,000 or more
Apply at [PTA.org/Grants](https://pta.org/Grants)

National
PTA
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A graphic with a dark blue background. At the top, the text "New GRANTS AVAILABLE!" is written in white and green. Below this, an orange speech bubble contains the text "\$1,000 or more Apply at PTA.org/Grants". At the bottom left is the National PTA logo, and at the bottom right is a white and green megaphone icon.

National PTA is excited to announce six new grant opportunities for the 2019-2020 school year! Through these grants, PTAs can expand their work in digital safety, STEM, healthy lifestyles, and more. The grant applications are open until September 8th. [Learn more and apply today!](#)

What Is Social Anxiety?



When fear of how you appear gets in the way of functioning.

When you're a teen you start being more aware of what other people think. There seems to be a "right" thing to wear, or say, or do. There also

seem to be things that you shouldn't do-things that could be

embarrassing, or lose you points with friends. This can lead to social anxiety.

[Read More](#)

How to Approach Screen Time as a Family



Recent media reports and studies have re-ignited the debate on how much screen time is appropriate for children and teens at school. See what your family can do to make screen time more meaningful!

[READ ARTICLE](#)



Opportunity from Mountain America Credit Union.

Get up to \$1,500 with a PTA Grant

Mountain America Credit Union gives PTA Grants to teachers and PTAs for school supplies or projects supporting K-12 classrooms. You could receive up to \$1,500. Eligible applicants must be members of both Mountain America and the PTA.

Apply before September 20, 2019 at macu.com/pta.



Some restrictions apply. Visit website for additional details.



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