

The Health and Wellness Chairman, working under the direction of the VP for Legislation and Advocacy, shall:

1. Coordinate activities on health and wellness including nutrition, nursing services, mental health, parenting, sex education, immunization, AIDS education and comprehensive health education.
2. Oversee the activities of the health and wellness committees.
3. Keep the State Board and units advised of health issues and data, and assist in developing programs to meet identified needs.
4. Help units understand that health is a state of physical, mental and emotional well-being not just the absence of disease, through programs such as the following:
 - a. Work for development and strengthening of total and sequential health education for grades K-12.
 - b. Urge units to determine community needs.
 - c. Plan programs to alert communities to health needs and the potential of preventative action.
 - d. Aid units in assisting parents to better understand the growth and development of their children and their own best psychological relationships in making family life a strong guiding force for maturity and well-being.
5. Review proposed resolutions concerning health and wellness. Forward and assist the Legislative and Advocacy Committee in preparing resolutions for the New Mexico PTA Convention.
6. Prepare and develop appropriate resolutions for submission to the National PTA Resolutions Committee when necessary.
7. Support legislation relating to the health and wellness of children and youth.
8. Cooperate with other organizations and agencies working in the area of health and wellness.
9. Update board report document in Google Drive.
10. Submit at least two articles per term to the website and news items to the social media sites quarterly, at minimum.
11. Perform convention duties as outlined in the Convention Guidelines.
12. Perform additional duties and serve as a chairman of additional committees as deemed necessary by the President and the Board.

Position Requirements:

- Prior experience in unit.
- Familiarity with the Local Leader Kit and the National PTA web site.
- Familiarity with PTA on local, State and National levels.
- Knowledge of health issues and interest in all phases of health education.
- Good verbal skills.
- Must be a member of the Land of Enchantment PTA.