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2020 Virtual Leadership Convention



Registration is open! Join New Mexico PTA for a 2020 Virtual Leadership Convention on August 20-21! PTA Leaders from around the state will gather online for the same training, networking, and inspiration that you have come to expect from our annual conventions. The virtual nature of

the convention has brought with it unexpected perks! LOW prices! National PTA Guests! Register before June 15 to use 2019-2020 funds to pay the registration fees.

[Register Online!](#)

Benefits of Physical Activity



Hi New Mexico,

Physical activity has both short- and long-term benefits for emotional health. Researchers have found mood enhancement effects within five minutes of exercising, as well as greater rates of remission for depression and mood disorders after months of regular exercise.

Since it's National Physical Fitness and Sports Month, helping kids develop habits and routines around physical activity can also help them build emotional resilience to cope with the coronavirus pandemic. So here are some ways to get your kids' feet moving!

Resources & Activities

- [Creative Expression & Movement](#)
- [Easy, On-the-Go Play Activities](#)
- [Jump Into Summer](#)
- [Old School Physical Games & Activities](#)
- [Active Sensory Spaces](#)
- [Good Energy at Home](#) (GoNoodle)

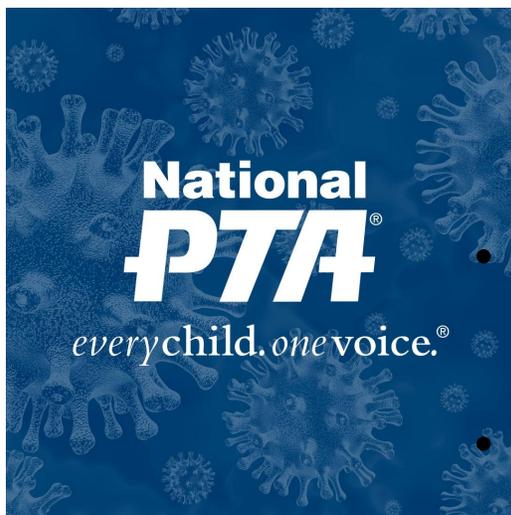
How Parents are Taking Action We are inspired by what parents like you are doing to keep kids healthy during this time, so we wanted to share some ideas submitted through our action

submission form. [Don't forget to add yours, too!](#)

- "We have implemented Wellness Wednesdays at home. We get fresh air at a safe distance from others, and we talk about feelings and mental health, including what we are thankful for." - Jamie, Colorado
- "My children and I go for long walks, picking up litter (with gloves) and admiring parts of nature." - Jillian, Minnesota
- "My 6-year-old started creating stretching and exercising workouts to do as a family each day when we wake up during quarantine. It's a nice way to connect as a family before we get busy with work and school." - Quinn, Pennsylvania
- "My children and I come up with healthy recipes to use for cooking lessons throughout the week, focusing on different foods from the five food groups." Sonja, Michigan

[Be sure to tell us how you are keeping your kids physically and emotionally healthy at home!](#)

COVID-19 PTA Update



As the nation continues to adjust to our new normal, we continue to update our COVID-19 Resource page with new info and tools.

- For Families: A different kind of camp, for a different kind of summer. [Sign up for Camp Kinda for free.](#)
- For Educators: Improve your resiliency and overall well-being with [Mental Health America's Tools](#)

[2 Thrive.](#)

- For PTA Leaders: Learn strategies to make your PTA more [Inclusive, Individualized, Integrated and Impactful.](#)

Explore these resources and more at [PTA.org/COVID-19](https://www.pta.org/COVID-19). In moments of crisis, PTA is still working for you. [Consider supporting our work!](#)

Congratulations!

CONGRATULATIONS
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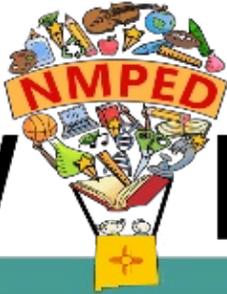
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IF YOU HAVE QUESTIONS ABOUT YOUR PTA'S
COMPLIANCE, EMAIL US!
NMPTA@NEWMEXICOPTA.ORG



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School Reentry Task Force; Requests Feedback from Families



NEW MEXICO

Public Education Department

NEWS RELEASE
For Immediate Release

May 21, 2020

Contact: Nancy Martira, Director of Communications
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NMPED Announces School Reentry Task Force; Requests Feedback from Families

SANTA FE - The New Mexico Public Education Department is asking families to complete an online survey about their experiences with continuous learning during the school closing period triggered by the COVID-19 pandemic.

Survey responses will help school districts better meet community needs and help the New Mexico School Reentry Task Force shape plans for reopening public schools in the state.

Parents can expect to spend about eight minutes per student to [complete the New Mexico Family Education Survey](#). They will answer both open- and close-ended questions about their child's level of engagement in school, the family's level of satisfaction with their school's expectations and supports, their school's ability to meet the child's individual needs, and their communication preferences.

The Family Education Survey launches the day after the first virtual meeting of the New Mexico School Reentry Task Force. The Task Force, convened by Education Secretary Ryan Stewart, is made up of stakeholders who meet virtually to discuss the myriad and complex issues of returning to school safely.

The task force represents the geographic diversity of New Mexico and includes educators, administrators, students, parents, public and school health officials, legislators, advocates and union and school board representation. A complete list of task force members is published below.

"The public health situation is still changing too quickly for us to develop a single plan for return to school," said Secretary Stewart. "We'll be looking to our School Reentry Task Force to contribute their perspective and help shape a number of contingency plans for a safe return to school."

Those plans will likely include in-person instruction, continued distance learning and hybrid options.

Secretary Stewart encouraged all New Mexican families to complete the online Family Education Survey.

"With our Continuous Learning Plans, educators, students and families were asked to quickly adapt to an unfamiliar model. We know that there were some bumps along the road, and we want to learn what worked well and what needs to be improved for the way forward."

NMPED is also launching a website to make it easier for schools, educators and families to learn about local schools and their offerings. [NM Vistas](#) will celebrate excellence in New Mexico's schools and identify and provide resources for schools needing more support. Visitors to the site will share the successes of New Mexico's diverse and dynamic schools as they tell their stories in their own words.

Parents will find information they can use when advocating for their children, schools and communities. Other valuable information available on NM Vistas includes academic growth data, attendance and graduation rates, and learning environment insights.

NM Vistas rolls out after an extensive beta testing period and will continue to evolve. Future phases will be dedicated to connecting teachers to quality resources and providing information to help families choose the best school for each child's needs. As the site evolves, visitors will be invited to provide feedback via a brief survey.

Name	Organization	City of Residence
Valentin Anaya	Parent, Socorro Public Schools and Developmental Disabilities Planning Council Member	Socorro
Patricia Beecher	Superintendent, New Mexico School for the Blind and Visually Impaired	Santa Fe
Olivia Calabaza	President, New Mexico School Boards Association	Bernalillo
Kathy Chavez	Executive Vice President, American Federation of Teachers of New Mexico	Las Cruces
Victoria Chavez	Parent, Albuquerque Public Schools	Albuquerque
Michele Coleman	Founder, Attachment Healing Center	Albuquerque
Tami Coleman	Chief Financial Officer, Albuquerque Public Schools	Albuquerque
Farra Fong	Program Supervisor, Office of Youth Homelessness, Children Youth and Families Department	Santa Fe
Pattie Gipson	Chair, New Mexico Public Education Commission	Las Cruces
Joe Guillen	Executive Director, New Mexico School Boards Association	Santa Fe
Jamie Iglesias	Parent, Deming Public Schools	Deming
Patricia Jimenez-Latham	Project Manager, Transform Education New Mexico	Albuquerque
Julie Lucero	Special Education Director, Santa Fe Public Schools	Santa Fe
Stephanie Ly	President, American Federation of Teachers of New Mexico	Albuquerque
Sally Marquez	Executive Director, New Mexico Activities Association	Albuquerque
Thomas Massaro	State School Health Officer, New Mexico Department of Health	Santa Fe
Marvin McAuley	Superintendent, Mora Independent School District	Mora

Pandora Mike	Principal, Ojo Elementary School	Shiprock
Silvia Miranda	Elementary School Teacher, Clovis Municipal Schools	Clovis
TJ Parks	Superintendent, Hobbs Municipal Schools	Hobbs
Mary Parr-Sanchez	President, National Education Association of New Mexico	Las Cruces
Helena Ramirez	Student, Animas Public Schools	Animas
Arsenio Romero	Superintendent, Deming Public Schools	Deming
Jennifer Sanchez	Parent, Albuquerque Public Schools and Developmental Disabilities Planning Council Member	Albuquerque
Jennifer Schoolcraft	Middle School Special Education Teacher, Carlsbad Municipal Schools	Carlsbad
Bill Soules	Chair, Senate Education Committee; High School Teacher, Las Cruces Public Schools	Las Cruces
Mandi Torrez	Elementary School Teacher, Bernalillo Public Schools	Placitas
Roy Tracy	Director of Accountability, Department of Diné Education	Window Rock
Charlotte Alderete-Trujillo	Head of School, South Valley Prep Charter School	Albuquerque
Linda Trujillo	Vice Chair, House Education Committee	Santa Fe

How to Ask What Kids Are Feeling



Ways to get insight into how your kids are handling stress.

[Read More](#)

Special Coupon Deal for SignUpGenius Premium Plans

Planning summer events can be tricky, especially this year with the COVID-19 pandemic and ever-changing regulations across the country. Simplify online and socially distant event planning with 10% off advanced SignUpGenius features all year long! Just use the code TENOFF2020 when you choose the premium plan that works for you.

While some summer events are adjusted to smaller groups, postponed or moved to the digital space, sign ups can help you organize groups in time slot shifts or coordinate online events with features like [tabbing](#) and [auto-hiding dates](#). With online

sign ups, providing a scheduled digital experience is simple - and [sharing Zoom meeting links](#) is easy.

Wondering which plan is the best option for your group? Check out our [plan picker quiz](#) and be sure to get this deal while it lasts.



SPECIAL OFFER
10% OFF
ANY NEW ANNUAL PLAN
USE CODE **TENOFF2020**

Heads Up! COVID-19 Relief Grants Open Monday!



We are so #PTAProud to say that we have partnered with TikTok to create the PTA COVID-19 Relief Fund to support PTAs across the country. Grants of \$5,000 for each Local PTA and \$15,000 for each District/Council/Region PTA will be available June 1. [Learn more.](#)

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